|  |  |  |  |
| --- | --- | --- | --- |
|  | **Total fat/  100 grams\*** | **Pentadecanoic acid (15:0) /100 grams\*** | **Heptadecanoic acid (17:0)/100 grams\*** |
| **Food groups** |  |  |  |
| Whole fat milk | 3.70 | 0.034 | 0.018 |
| Low fat milk | 1.08 | 0.009 | 0.005 |
| High fat milk  products | 36.0 | 0.32 | 0.16 |
| Medium fat milk  products | 19.7 | 0.18 | 0.09 |
| High fat cheese | 27.2 | 0.25 | 0.12 |
| Medium fat cheese | 16.1 | 0.14 | 0.068 |
| \*Amounts are averages of all products mentioned in the VISA-FFQ within each food group.   VISA-FFQ= Vascular lifestyle-Intervention and Screening in phArmacies (VISA)-FFQ. | | | |

**Supplementary file 2:** Nutritional content (fat and fatty acids) calculated from the food composition and nutrient calculation system (KBS) (version AE-14, University of Oslo, Oslo, Norway) of milk products included in the VISA-FFQ.